

5-1-2009

## Paranoia

Matthew Sontag  
*NSU University School*

Follow this and additional works at: [http://nsuworks.nova.edu/uschool\\_litmag](http://nsuworks.nova.edu/uschool_litmag)



Part of the [Poetry Commons](#)

---

### Recommended Citation

Sontag, Matthew (2009) "Paranoia," *Hieroglyphics: the NSU University School Literary Magazine*: Vol. 16, Article 48.  
Available at: [http://nsuworks.nova.edu/uschool\\_litmag/vol16/iss1/48](http://nsuworks.nova.edu/uschool_litmag/vol16/iss1/48)

This Poem is brought to you for free and open access by the University School at NSUWorks. It has been accepted for inclusion in Hieroglyphics: the NSU University School Literary Magazine by an authorized administrator of NSUWorks. For more information, please contact [nsuworks@nova.edu](mailto:nsuworks@nova.edu).



# Paranoia

By Matthew Sontag

Paranoia is a dark shade of gray  
It tastes like the sticky medicine that you get for being in  
pain...

It sounds like the air vividly swirling around you...  
It smells like burning toast as the smoke rises toward your face  
and looks like a hazy cloud  
wandering in the sky...

Paranoia makes me feel like my life keeps slipping away more  
and more every day...